



Governor's Message

Dear Zonta District Members,

First let me express my deepest and most sincere thank you to everyone who has helped me transition to the position of District 2 Governor.

I am honored and excited to begin my term for the 2024-2026 biennium. It is truly a privilege to serve such an incredible group of passionate individuals dedicated to advancing the mission of Zonta.

I am committed to continuing the unprecedented work of my predecessors and I promise to strengthen the initiatives that support women and girls in our communities and globally.

In the coming months, we will focus on sustainability within our clubs and district, with an emphasis on Zonta Spirit. I truly believe our clubs remain the backbone of Zonta and building strong bonds with our members allows for great things to happen.

There is much work to be done to build Zonta's numbers and visibility, I am optimistic that we will find success with the solid foundation that has been laid.

I invite you all to actively participate in the various upcoming events, programs, and initiatives. Let's work together to create positive change, encourage leadership, and ensure that Zonta's mission remains at the forefront of our efforts.

Thank you for your commitment and support. I look forward to a successful and rewarding biennium as we strive to make a difference for women and girls together, one step at a time.

Lorraine Abess
Zonta District 2 Governor



Important Zonta Dates

- 4 October: **CSW69 Informational Session**
- **Take action 11 October:** International Day of the Girl Child | 2024-2026 Biennial Goal Day of Action
- 15 October: JMK applications due to Headquarters
- 17 October: **Zonta New Member Orientation**
- 23 October: October Club Creators Event
- 8 November: Zonta International's Birthday - Celebrating 105 Years!
- 10 November: **Zonta Says NOW Intercontinental Think Tank**
- 15 November: Amelia Earhart Fellowship application deadline
- 21 November: **Zonta New Member Orientation**
- 25 November: **International Day for the Elimination of Violence Against Women**
- **Take action 25 November-10 December: 16 Days of Activism**
- 10 December: **Human Rights Day** and Zonta Says NO Summit
- 19 December: **Zonta New Member Orientation**

D2 Committee Corner

Membership

Lt. Governor Iraina Gerchman

Welcome to our new members who have joined since our District since our March 2024 newsletter. We are so happy that you have caught the Zonta Spirit.

This biennium let's focus on retaining the valuable members that we have. Though we want to grow and welcome new Zontians, we want to be sure the members we have feel that they matter. How can we engage them? How can we continue to surround them with Zonta Spirit?



New Members Since March

Julie	Mastroberti	WATKINS GLEN-MONTOUR FALLS
Krystal	Ford	The ADIRONDACKS
Amy	Oliveras	The ADIRONDACKS
Diane	Collins	GLENS FALLS
Nancy	Bunn	SKANEATELES
Carolyn	Mclaughln	ALBANY
Donna	Lambert	ROME, NY
Ann	Payne	AUBURN
Kathleen	Rhodes	AUBURN
Veronica	Fallarino	SCHENECTADY
Darla	Gullotta	SCHENECTADY
SARA	COE	ONEIDA AREA
KRISTEN	HRIC	ONEIDA AREA
Idris	Fadipe	KANATA-STITTSVILLE
Olga	Talanova	KANATA-STITTSVILLE
Laurie	LaFrance	GLENS FALLS
Ron	Teather	KANATA-STITTSVILLE
Tyler	Smith	KANATA-STITTSVILLE
Carolann	Jacobs	OGDENSBURG
Kari	Collins	The ADIRONDACKS
Judith	Meagher	The ADIRONDACKS
Kalyn	Weber	GLENS FALLS
Mary	McGowan	OSWEGO
Liza	Aldous	CANTON AREA
Carrie	Bascom	CANTON AREA
Sandy	Bascom	CANTON AREA
Darlene	Besette	CANTON AREA
Stephen	Kardasz	KANATA-STITTSVILLE
Elizabeth Jane	Lyster	KANATA-STITTSVILLE
Barbara	St. Michel	OSWEGO
Margaret	Spillett	OSWEGO

Let's Revitalize our District Book Blog

Are you passionate about reading and eager to share your thoughts on your latest good read? Do you belong to a book club and have thoughts to share? The District 2 Book Blog might be the perfect outlet for you! Here are some compelling benefits of diving into the world of book blogging:

1. Connect with a Community of Book Lovers

One of the greatest joys of book blogging is joining a vibrant community of fellow readers and writers. Engage in lively discussions, exchange book recommendations, and form friendships with people who share your passion for good books.

2. Process your thoughts in writing

Regularly writing book reviews and blog posts can significantly improve your thinking and writing skills. Learn to articulate your thoughts more clearly, develop your unique voice, and refine your critical thinking abilities.

3. Influence Other Readers

Your reviews and recommendations can influence other readers' choices. By sharing your ideas and opinions, you help others discover new points of view, contributing to the broader community.

4. Opportunities for Networking

Book blogging opens doors to connect with other readers and thinkers. Find like minded people. Better yet, find people who challenge your thinking and teach you a new way to see the world.

5. Personal Growth and Fulfillment

Writing a book blog can be incredibly fulfilling. It offers a platform for creativity, a rewarding sense of achievement, and the pleasure of sharing your passion for books with a broader audience.

Whether you write for the blog or use it to select your next book, the District Book Blog is the perfect resource for your growth as a person, a woman, and a Zontian.

If you would like to contribute, send your questions or information to webmaster@zontadistrict2.org.

D2 Committee Corner

UN Committee

Eileen Gilligan

Hi Everyone! I'm happy to write to you as the new chair of the UN Committee of District 2. In order to keep us all together in our efforts for the UN, I plan to email all the UN Chairs from the Zonta clubs in our District – but who are they? I have a list from last year, but it may have changed. So, please, could club presidents email me and tell me who the UN Chair is from your club.

I hope to contact each club to learn what UN-related or climate-related projects are planned or even happening. Many of you are doing great things to further the mission of Zonta and our UN partners, and we'd all love to hear about your work. And I have some ideas for easy projects that we could all do together. I'll keep you posted on this concept.

Climate Idea

As you can read below, one of our roles at the UN is as observers in the UN Environment Program. So, as individuals and clubs, we should take steps to address climate change. An obvious suggestion from the World Wildlife Fund is so easy I have to include it here: "PUT ON A SWEATER. Remember when you turn up the heat in wintertime, your furnace is probably burning fossil fuel. A sweater or nice warm robe will keep you even warmer and will help conserve resources and reduce climate change."

This may actually be a very "high class" thing to do. I noticed in video interviews with Lady Canarvan from Highclere (i. e. Downtown Abbey) that she and other castle inhabitants dress in sweaters and robes indoors, presumably because the castle is drafty even in nice weather. So bundle up and help reduce greenhouse gasses.

Our Many UN Roles

(To all existing members, this will be a review. To all new members, this is an introduction to the relationship between the United Nations (UN) and Zonta International (ZI))

Zonta International has been involved with the United Nations since the UN was founded after WWII. In the parlance of the UN, ZI is an accredited non-governmental organization (NGO) and, as such, is welcome to serve in an observer role or consultative role in meetings and discussions with some sections of the UN and with other accredited NGOs.

CSW: More specifically, ZI has consultative status with the Commission on the Status of Women (part of the Economic and Social Council) which closely works with UN Women (part of the General Assembly). Our accreditation allows us to present written statements to the General Assembly and to participate in the preparation of joint statements from the large group of NGOs, the group officially called NGO CSW. This group has offices around the world; the closest one to us is in NYC and is led by Zontian Pam Morgan (who is also the ZI UN Committee chair). It is the NGO CSW-NY office that hosts meetings during the CSW conferences every March. Hopefully several District 2 members will be able to attend this coming year.

UNEP: In 2023, ZI received observer status with the UN Environment Program. This part of the General Assembly is focused on 3 related topics: climate change, plastic pollution, and biodiversity loss. As we all understand, problems that adversely effect the environment make life especially difficult for women and other globally disadvantaged groups (the "climate justice" perspective). So, the Zonta Says NOW campaign is a local-to-global effort to help address climate issues and bring awareness to the gender connection. UNICEF and UNFPA: ZI financially supports projects of these 2 programs, the United Nations Children's Fund and the United Nations Population Fund (parts of the General Assembly). This biennium, we will provide \$4,000,000 to these organizations for projects to educate and protect girls and women from gender-based violence and climate-induced family and community instability. If you haven't already checked it out, go to www.laaha.org for a look at one of the UN projects that we fund. It is an safe and educational website for girls around the world.

D2 Committee Corner

Amelia Earhart Committee

Margaret Spillet

Application Period Opens for Amelia Earhart Fellowships

Outreach to women enrolled in doctoral programs focused on aerospace engineering or space sciences throughout District 2 has begun to encourage their application for the Amelia Earhart Fellowships.

Marketing materials about the Amelia Earhart Fellowships have been shared with eight doctoral-granting institutions throughout the district. Personal outreach to program directors and administrators has ensured the Fellowship materials have been shared with eligible students. A reminder of the deadline will be shared in early November to encourage eligible students to submit their materials by the Nov. 15 deadline.

Zonta International Amelia Earhart Fellowships were established in 1938 in honor of Amelia Earhart, famed pilot and Zonta club member. The Amelia Earhart Fellowships are awarded annually to women pursuing a Ph.D./doctoral degree conducting research applied to aerospace engineering or space sciences. The Fellowship of \$10,000 may be used at any university or college offering accredited post-graduate courses and degrees.

Please encourage anyone you know who meets the criteria to apply. All application materials are due by **Nov. 15, 2024**, to be considered for the 2025 Fellowships, and can be completed online at: <https://zontainternational.awardspring.com>.

Visit the website for a complete description of eligibility and requirements. All applicants will be notified of the selection committee's decisions in April 2025.

Sample email shared with universities is below:



A total of 1,335 women from 79 countries have received more than \$11.9 million in funding to pursue their doctoral studies in aerospace engineering or related space sciences from Zonta International through the Amelia Earhart Fellowships.

Will you be next?

[Apply Now](#)

Zonta International Amelia Earhart Fellowships were established in 1938 in honor of Amelia Earhart, famed pilot and Zonta club member. The Amelia Earhart Fellowships are awarded annually to women pursuing a Ph.D./doctoral degree conducting research applied to aerospace engineering or space sciences. The Fellowship of \$10,000 may be used at any university or college offering accredited post-graduate courses and degrees.

All application materials are due by **Nov. 15, 2024**, to be considered for the 2025 Fellowships.

See attached document for complete description of eligibility and requirements, or [learn more online](#).

Questions?

Contact Margaret Spillet, Amelia Earhart Chair for Zonta International District 2, at mdspillet@gmail.com.

About Zonta International

Founded in 1919, Zonta International is a leading global organization of individuals working together to build a better world for women and girls. Learn more at zonta.org.



D2 Committee Corner

Advocacy Committee

Daniela Puerto

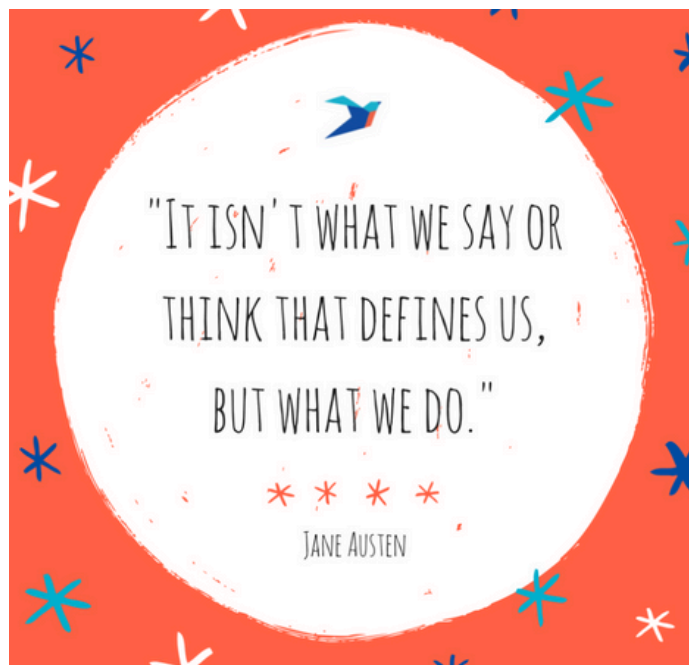
Postcards have been dispersed to clubs that have expressed interest in NYS to get the word out on voting "Yes" on prop 1 on the ERA to protect our rights, with early voting under way it is important to advocate and use our voices to create a better world and future for women and girls in NYS and around the world. There is still plenty of time to get the word out.

Zonta Club of Schenectady utilized left over postcards from their initiative to spread the word at both the Agudat Achim's Carrot Festival and American Foundation for Suicide's (AFSP) Schenectady Out of the Darkness Walk.



Every month is a month to focus on climate change advocacy! September members of district 2 joined in on the International Think Tank for Gender Equal Climate Change, where Zonta members from all over the world joined in to learn about the impacts of Climate Change on Women's Health. At the AFSP Out of the Darkness Walk in Schenectady members handed out bracelets and informed curious minds about Zonta says NOW and our mission to advocate for Gender Equal Climate Action.

Lastly, for advocacy, as a reminder- 16 days of advocacy and activism are coming up. If anyone would like to share, let me know or needs any suggestions let me know.



D2 Committee Corner

Service Committee

Iraina Gerchman

Service and Advocacy Go Hand in Hand

Welcome to the new biennium. It's a time to think about all of the wonderful projects that are organized by your clubs. Some have been your tried-and-true consistent projects, and some will be new. Most of them are service projects providing much needed support or direct help to individuals or groups.

I want you to think about how you can add an advocacy component to each of your service projects. How do you work toward educating your community about the problem? Perhaps you create a social media campaign or host a program to educate your community on the issue. How can you work to eliminate the problem? Can you write to your local or state lawmakers to make them aware of the issue.

Service and Advocacy should go hand in hand.

Here are some questions to ask yourself before you start a service project:

1. Does it align to our mission? Does it build a better world for women and girls?
2. Will it have an impact? Does it truly meet a need in your community?
3. How can you add advocacy to the project to mitigate the need?

Below are the notes I took from our Fall Workshop breakout groups. I've also added a couple of ideas from ZI. Some of these are service and some are advocacy. If any of them sound interesting, reach out to your Area Director to get more information. They can help connect you to the right club.

Zonta Says No

- Orange Ladies
- Social Media
- Bus Wraps
- Orange Light Bulb Campaign
- Health Classes
- Zonta Whistle

International Women's Day/Rose Day

- Hand Out Roses with QR Code to Club Website
- Speakers
- Maker Madness

Zonta Says Now to Gender Equal Climate Action

- Educational Programs
- Plastics Collection Projects – Park Bench
- School Campaigns
- Creating Green Spaces
- Fast Fashion Education
- Speakers
- Go Vegan/Vegetarian Day/Week Challenges
- Encourage recycling in your community
- Recycle clothing and textiles
- Hold a fundraiser and sell reusable produce bags
- Contact your local disaster recovery department. What do they need to specifically help women and girls?
- Plastic Free July <https://www.plasticfreejuly.org/>
- Increase our awareness of climate change and its gender-related consequences by reading books, watching videos, reading articles and listening to podcasts from reputable sources, e.g., United Nations agencies, TED Countdown, NASA, David Attenborough documentaries, Jane Goodall Hopecasts, Outrage and Optimism podcasts.

I would love to hear about your projects. Keep up the good work.



D2 Committee Corner

Foundation Ambassador

Irene Orton

Happy Anniversary to the Zonta Foundation for Women! Celebrating 40 years during this 2024-2026 Biennium. This is truly a testament to the enduring power of collective actions and generosity of thousands of Zonta members and friends.

As we mark 40 years of making a difference for women and girls, we extend our deepest gratitude to you, members of D2 – our donors, partners, members and advocates. Thank you for being a part of this journey!

As your Foundation Ambassador, I wish to present a challenge to our members during this 40th Anniversary to sign up for the MONTHLY E-Giving on the ZI website. Right now, we have 12 members on board. WE ONLY NEED 28 MORE!! by the end of December....Do it now before the big holiday rush. Any amount is appreciated, from \$10 per month to \$110 or more. Just go to Zonta.org, hit the Donate button, and follow the prompts.....choose Monthly versus one-time donation.

Everyone who signs up for the monthly giving will receive a prize ticket for a drawing to be held in mid-January, when the reports are sent to me for total district giving. The 12 donors who are already signed up will also get a prize ticket. This is the same procedure as last biennium's Governor's purse. THE PRIZE THIS TIME IS A BOUNTIFUL, BEAUTIFUL, BRISBANE CHEESE BOARD, direct from the Brisbane Convention FILLED WITH CHEESES and goodies for a special District thank you. Love the inscription on the board...Cheese, Wine and Zontians are things that get better with Age!!

*** This Biennium, June 1, 2022 – May 31, 2024 we gave \$67,207.82

Last Biennium, June 1, 2020 – May 31, 2022 we gave \$47,433.19

*** Endowment giving in our district with 23 clubs (3 club donors) \$7,126.00 June 1, 2022 – May 31, 2024

Thank you to all our Clubs and Individual Donors!!! So proud of all that you continue to do in supporting Women and Girls all over the world!





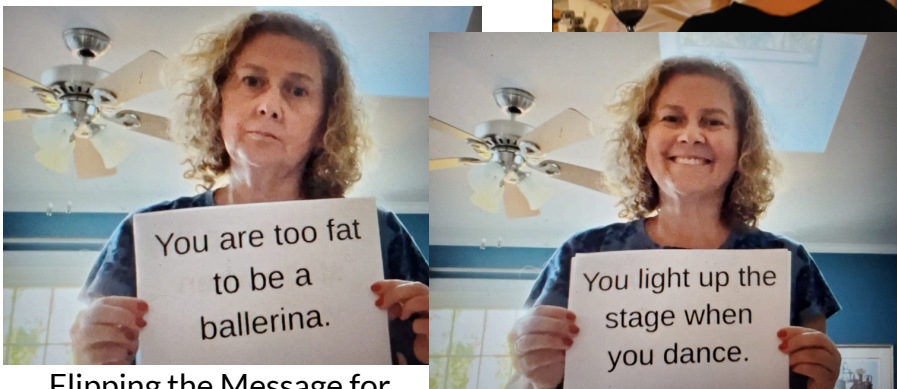
Thank you for your Advocacy support Area I Presidents : Edye , Charlotte, Richelle , Celeste , Chris , Karen , Stacey , Liz , and Irene for your time and energy sending out around 800 postcards to people in your community informing them of our rights which are on the ballot on November 5th.

Zonta Club of Glens Falls Presidents Karen Hartman & Stacey Wood

Assembly Woman Carrie Woerner speaking to the Zonta Club of Glens Fall on Prop I.



Glens Falls also hosted a Fall Craft Show at the Adirondack Balloon Festival (September 20-22)



Flipping the Message for International Day of the Girl Child

Adirondack Regional Chamber of Commerce (ARCC) Annual Business Awards. Zonta Club of Glens Falls was nominated for the Small Non-Profit of the Year.



Club FUNdraiser at the Lake George Dinner Theater.



Club Highlights - Area 1

Zonta Club of Schenectady
President Richelle Scrom



Ongoing service: Street Soldiers of Schenectady, club members supporting community with grocery, cleaning supplies, pantry items, clothing through personal donations.

September:

Sunday, September 15th: Carrot Festival for Membership and Zonta Awareness, Marketing of the Witches Ball Fall Event

October:

ERA Postcard Initiative: Individual Club Members Provided Education and Distributed Postcards

Sunday, October 6th - American Foundation for Suicide Prevention Walk, Schenectady Central Park.

Sunday, October 11th - For the Day of the Girl, Zonta Club of Schenectady Service Committee has collected personal care and menstrual products to be donated to Project Safe, Inc. to support those in need.

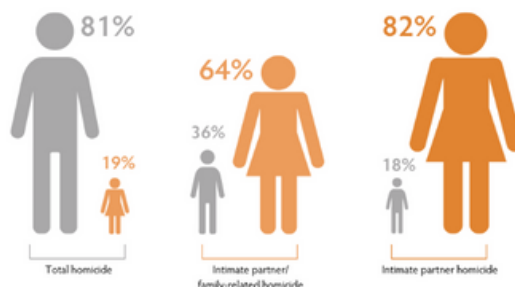
Friday, October 25th - Witches Ball Masquerade Fall Event, proceeds will go toward funding our 7 scholarship awards.

November:

16 Days of Advocacy (November 25-December 10th): Work in progress, Advocacy Committee is currently planning. Participating in Community Sign Campaign for Zonta Says No & Zonta Says Now

Gender-related killing of women and girls

More than 30,000 women per year, or 82 per day, are killed by an intimate partner. Although women and girls account for a much smaller share of total homicide than men, they bear by far the greatest burden of intimate partner/family-related homicide and intimate partner homicide.



Club Highlights - Area 1

40th Anniversary Celebration
Roberta Moseley Nero and Ann Martino
Charter Club Members

Membership Social
Raised Funds for DV Shelter

Z Club Service Awards

Charter member, Roberta Moseley Nero,
attended International Convention in
Brisbane

Chatham SummerFest
Raffle (annual Tanglewood Basket)
Raised funds for scholarship.

Period Pantry Press Release
New trifold created for expanding name
recongnition in the community.

Annual Picnic with Tye Zonta Club of the
Berkshires hosted by charter member
Ann Martino

100 ERA Prop 1 Postcards mailed

“People Making a Difference” Award
Dinner

Zonta e-ClubNY 1 President Irene Orton

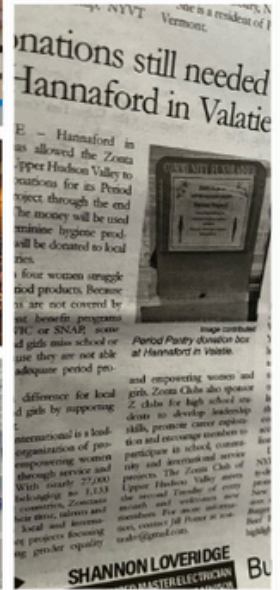
First meeting, September 10th, report from
Charlotte LeBraun who carried our vote to
Brisbane Convention.

Working on updates to the Zonta “A - Z” site
on the D2 website

Zonta postcards and cover letter sent to
members for distribution and mailing

Working on project for October 11, Day of
the Girl Child

Zonta Club of Upper Hudson Valley President Celeste Alexander



Club Highlights - Area 1

Zonta Club of Montgomery Fulton President Liz Tesiero

First, we're thrilled to partner with the Zonta Club of Schenectady for a Witches Masquerade Ball fundraiser on October 25th! This spooky yet glamorous event will raise scholarship funds, so don't miss out on the fun while supporting a great cause.

Next, on October 16, we'll be participating in a Trunk-or-Treat event at the Montgomery County Catholic Charities parking lot. It's a safe and fun way for kids to enjoy trick-or-treating, and we're excited to join other local organizations in making it a memorable day.

Looking ahead to November, we'll actively participate in the Zonta Says No campaign. We'll assemble backpacks filled with personal hygiene products for the Domestic Violence Shelter.

Finally, we've distributed postcards to all club members supporting Prop 1 for the upcoming NYS election. We will make sure to mail those out!

Zonta Club of The Adirondacks President Chris Newcomb

Will host our annual Witches' Brew Ball fundraiser on 10/17: <https://givebutter.com/y3MfRE>

Continue to fill and deliver bags of necessary items for women in domestic violence shelters

Provided microgrants (up to \$500) for local women needing a boost to get back on their feet while dealing with health, work, or relationship difficulties.

Provided period products to local food pantries.

Zonta Club of Albany Presidents Edye Benson & Charlotte Lebron

The Albany Club hosted the Legal Project for a presentation on the assistance they provide for civil court cases.



Club Highlights - Area 2

Area 2 Director Cindy Thurston

Zonta Club of Utica

President Claudia Jasinski

The Zonta Club of Utica is getting ready for our 30th annual Champagne Brunch fundraiser on October 27th. We have been collecting items for raffle baskets and silent auction prizes, contacting local businesses for donations and advertising, and selling tickets. This is our biggest fundraiser of the year and supports our education awards, service projects, and provides some funding for our Golden Z Club.

At our last meeting, one of our members, Dianne DiMeo, spoke about the federal and New York State Equal Rights Amendments, and talked about the importance of sharing the message "Flip the ballot" for a chance to vote on "Prop 1" for the New York State ERA proposal.

Our Service Committee met in September to discuss projects for the next eight months and is excited to align with the "Zonta Says NO" and "Zonta Says NOW" Campaigns as well as with other organizations in our community that empower women and girls.



Zonta Club of Oswego

President Kristin LaBarge



We kicked off our year with a club retreat where we enjoyed getting to know one another, yoga and mindful breathing, and time to work on our new projects.

We are proud that five of our members are working at the district level: Iraina Gerchman, Lt. Governor; Dorothy Bonney, Treasurer; Margaret Spillet, Amelia Earhart / Women in Aerospace ; Nora Covington, Webmaster; and Christina Seado Vasquez, ZClub/Golden Z Committee.

On September 5th we met the ERA bus organized by Carolyn Maloney. We also participated in the Prop 1 Postcard campaign.

Club Highlights - Area 4

Area 4 Director Colleen Anderson

Zonta Club of Brewerton, Friends for Equality
President Amanda Monette

PLEASE JOIN US FOR
Cruising for MURDER
Nov 8, 2024

The Captain's Cocktail Reception & Dinner
is located at: **Greenview Golf Course**
20 Whig Hill Rd, West Monroe, NY 13167

Festivities Begin at: 6:00 - 9:00 p.m.

Tickets: \$45 each OR Reserve & Name a Table of 8 for \$360

All table orders can win the "Treasure Chest"
of goodies for the whole table PLUS bragging rights.
Guess who the murderer is to win a prize!

Tickets:
www.ZontaDistrict2/Brewerton.org

Get ready for a night of unforgettable fun
aboard our "cruise ship" the SS Zonta
International. Experience a splash of exciting
entertainment! Make memories while helping
raise funds for a worthy community cause.
Photo booth included!

Buffet Menu
Tropical Ham
Roast Turkey
Salad, Bread
Sides, Soda
"Starboard Spritzer"
Mocktail,
Coffee/Tea
Dessert
(Cash bar)

Friday, November 8, 6 PM – Murder Mystery Dinner.

Get Tickets here while they last:
<https://bit.ly/3TMOTMO> (No tickets sold at the door)

Fun, Food, Friends. Proceeds of the raffle will support the programs, projects, & philanthropy of Zonta Club of Brewerton, NY

Welcome aboard the SS Zonta International. You are attending the Captain's Semi-formal dinner.

Strike a pose at the Photo booth and capture the glam!

Get lucky at the "Casino" full of wonderful treats!

Reserve your table of 8 and choose a name for your table. Every pre-reserved table goes into a drawing to win a "Treasure Chest" of goodies for the table.

INTIMATE PARTNER VIOLENCE

is one of the most common forms of violence against women

includes physical, sexual and emotional abuse, as well as controlling behavior by an intimate partner



THESE VIOLATIONS RESULT IN SERIOUS SHORT AND LONG-TERM:

- ▶ physical problems
- ▶ reproductive problems
- ▶ sexual problems
- ▶ mental health problems
- ▶ and increased vulnerability to HIV



30% of women worldwide who have been in a relationship report that they have experienced some form of physical and/or sexual violence by their intimate partner.

34% of female homicide victims in 2017 were killed by a former or current intimate partner.



#ZontaSaysNO | #16Days
ZontaSaysNo.com
Facts from WHO and UNODC

Club Highlights - Area 4

*Zonta Club of Ogdensburg
President Angela LaJoy*



Pictured left to right: Zonta Club of Ogdensburg Treasurer/Past President/District 2 Area 4 Director Colleen Anderson, Past President/Board Director Sherin Cunningham, Board Director Mary Lou Ashley, Donna Pirie, Past President Paula Jacques, CHMC Richard E Winter Cancer Treatment Center Director Jessica Morley, Zonta Club of Ogdensburg President Angela LaJoy, Recording Secretary Shelley Spooner, Carolann Jacobs, Past President Tracie Kroeger, Gail Bouchard, and Board Director Linda St. Joseph with the NEW Paxman Scalp Cooling System.

Zonta Club of Ogdensburg made a 5 Year Pledge of \$5,000 total (\$1,000 per year for 5 years) to the Claxton-Hepburn Medical Center Foundation for the Richard E. Winter Cancer Center to help make this new service possible. We are grateful for the excellent care close to home. We enjoyed delicious Rose Cupcakes at the event and left the yummy treats for the Cancer Treatment Center Team to enjoy, thanking them for all they do for our community.



Claxton-Hepburn Medical Center's Richard E Winter Cancer Treatment Center is excited to announce our collaboration and setup with Paxman Scalp Cooling, a leading scalp-cooling technology for preventing chemotherapy-induced hair loss!

The Paxman Scalp Cooling system consists of a compact refrigeration unit that circulates coolant through specially designed cooling caps. Each patient will be measured and provided with their unique cap kit, which they will bring to each infusion appointment. By wearing the cap during treatments, patients can minimize and, in many cases, completely eliminate chemotherapy-related hair loss. The system is customized to each patient's specific needs, making it beneficial for all hair types, genders, ethnicities, and more!

Learn more about the Paxman Scalp Cooling, please visit: paxmanscalpcooling.com



Club Highlights - Area 4

*Zonta Club of Ogdensburg
President Angela LaJoy*

Zonta Club of Ogdensburg had a very fun fundraiser, our 14th Annual Wine & 9 Golf Tournament, in August.



And this month, we are dusting our brooms off for our 11th Annual Witches Night Out on Saturday, October 19th. Our Virtual Silent Auction is active on our Ogdensburg Area Zonta Club Facebook Page now and ends Monday, October 14th at 9pm. On Sunday, October 20th, we'll have our 3rd Annual Little Witches Ball for Elementary School Age Children.



We had a tabling opportunity for the month of September at our local Community Bank, NA branch. We had information on our Club, Upcoming Witch Fundraisers, as well as an application for Membership. We are thrilled that two employees submitted an application expressing their interest in joining our Club!



We also are excited to be out in the Community promoting the Witch fundraisers and selling Raffle Tickets for our Witch Quilt Raffle and Witch Lottery Tree Raffle. We are at our local St Lawrence Federal Credit Union each Thursday leading up to our event. We also have had our information and raffles at local community events each weekend, leading up to our October weekend.



Club Highlights - Area 4

Zonta Club of Kanata-Stittsville

President Judith Ainsworth

A celebration ceremony to commemorate this will be held on Saturday 2 November at 1:00 pm. in the Beaverbrook Library, Meeting Room B, 2500 Campeau Drive, Kanata. Mark your calendar and stay tuned for the invitation and registration!

The ceremony will be hybrid, so if you would like to join us virtually, simply register and you will receive the zoom meeting link.

As you can imagine, club members are busy organizing the ceremony. We have a couple of sponsors to cover room rental, coffee and cake. Local City Councillors will attend as will the local media from Kanata/Stittsville Community Voice. They will also publicize the event in the next issue of Community Voice. Marianne Wilkinson, President of the National Council of Women of Canada, will MC the ceremony.

Club members are thrilled that they will meet District Governor Lorraine, District Lt Governor Iraina and Past District Governor Liz at the ceremony.

Our social media chair, Kathleen, set up Facebook and Instagram accounts and is posting the ZI infographics for the International Day of the Girl. Judith is also posting on LinkedIn.

Michelle and Idris, club webmasters, are working on our website located on the D2 website. We will share photos from our charter ceremony!

The club will be starting its first Advocacy project – writing letters to our MPs and MPPs whenever a government proposal protects women’s and girls’ human rights, helps women and girls, and coincides with Zonta’s mission and values.

Idris and Judith are very interested in the new Twinning Programme and hope that the club can be twinned with a more established club. Judith has been in touch with the Twinning with Zonta Spirit 2024-2026 Coordinators, Shelly Schultz and Raisa Valve, to learn more and fill out the newly chartered club survey.

On 6th and 10th September, members recently participated in the Alliance to End Homelessness Ottawa (ATEHO) to help facilitate an experiential learning activity called “The Empathy Project – Le Projet Empathie”. The University of Ottawa offices of Social Accountability and Francophone Affairs at the Faculty of Medicine partners with the ATEHO to run this awareness-raising event.

Finally, we are connecting with community organizations such as Ottawa Gatineau Grandmothers Advocacy Network (GRANs), Ottawa Council of Women (OCW) and UNICEF Canada to collaborate and support each other’s service and advocacy.

VIOLENCE ON CAMPUS

1 in 5 women
and
1 in 16 men

in the United States are targets of
attempted or completed sexual assault
while they are college students.



Club Highlights - Area 4

Zonta Club of Kanata-Stittsville President Judith Ainsworth

Last June, Judith attended the Zonta International Convention and had a wonderful time meeting Zontians from across the world in Brisbane, Australia. In particular, she was very happy to catch up with members of the Zonta Club of Accra II in Ghana. Lydia, outgoing club President, was there along with Sam (Zonta Club of Brisbane and Zonta Club of Accra II) both of whom became great friends while she was teaching in Ghana last fall.

Thanks to the City of Brisbane for lighting up one of the bridges in Zonta colours orange and yellow during Convention!



Zonta Club of Canton President Julie Miller



Canton Area Zonta Club sold hotdogs and had some crafts for the kids at a local hardware store in July. All money raised was donated to St. Lawrence Valley Renewal House in honor of the late Ilene Jenne Burke, who passed this July. Ilene was an integral part of our community and a champion of victims and survivors of domestic violence and sexual assault all throughout the county. The club was honored to honor her memory and support the agency she was able to build from the ground up.



Zonta Club of Canton's Hotdog Sale!
Corrected Dates

7/19 & 7/20
10am-1pm

Coakley Home & Hardware
2535 NY-68, Canton, NY 1362

Money raised will be donated to Renewal House in honor of the late Ilene Burke.



Club Highlights - Area 4

Zonta Club of Montreal
President Kiran Omar



73% of women
are abused
online



Women aged
18-24 are at a
heightened
risk of cyber
VAWG

Le Club Zonta de l
vous invite cordial
cérémonie virtuelle
des prix annuels 2024


Conférencier: Alham Mahmod
Directeur exécutif, Femmes averties
Sujet: Voyage vers le rétablissement

La mission de Women AWARE /Femmes AVERTIES est d'aider et de responsabiliser les survivantes qui ont subi ou subissent des violences conjugales par le biais de l'auto-assistance et de la défense des droits, afin d'améliorer leur qualité de vie et de susciter un changement social.

Le Club Zonta de Montréal soutient Femmes AVERTIES par la bourse June Mitchell. Les bénéficiaires de la bourse seront remerciés au cours de la cérémonie

 **Date : Samedi 9 novembre 2024**
Heure : 12h00 - 13h30
RSVP : le 1 novembre 2024

 **Le lien Zoom vous sera envoyé lors de votre inscription**

 **Appuyez sur le lien d'inscription pour obtenir des informations sur les dons**



Annual Awards Ceremony

The Zonta Club of Montreal Cordially Invites You to Our Virtual 2024 Annual Awards Ceremony

Guest Speaker: Alham Mahmod,
Executive Director, Women Aware
Topic: Journey to Recovery

The Mission of Women AWARE /Femmes AVERTIES is to assist and empower survivors who have experienced or re-experiencing intimate partner violence through self-help and advocacy in order to improve their quality of life and affect social change.

The Zonta Club Of Montreal supports Women Aware through the June Mitchell Bursary. Recipients of the award will be acknowledged during the ceremony.

 **Date: Saturday, November 9th 2024**
Time: 12:00 - 1:30 PM
RSVP: By November 1st 2024

 **Zoom Link Will Be Sent After Registration is Complete**

 **Donations Accepted:**
Click Registration Link for Donation Information

Thank You To Our Sponsors:

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In the U.S., women
are **27 times** more
likely to be abused
online than men



In Europe, **9 million**
women have
experienced a serious
form of cyber VAWG
since the age of 15



Merci à nos partenaires:
[Zonta Club Of Montreal](#)
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[Appuyez ici pour vous inscrire](#)

Cérémonie Annuelle de Remise Des Prix



ZONTA INTERNATIONAL

Meet ZI President Salla Tuominen 2024-2026



Salla is a third generation Zontian and has been a member since 2005. A seasoned Zonta leader, she has served on the international board as director, vice-president and president-elect.

As an attorney at law specializing in both domestic and international corporate transactions, Salla has a “can do” attitude while working under enormous time pressure with complex legal and strategical issues alongside international teams.

Salla's Vision for Zonta

SUSTAINABILITY - Long term strategic planning ensures that Zonta's focus areas contribute to a more sustainable future for our organization.

ZONTA SPIRIT - Commit to fostering a culture of belonging, culture, inspiration and passion through our shared vision for women and girls.

EFFICIENCY - Simplifying the organizational structure for greater effectiveness.

SPEAKING UP FOR WOMEN'S RIGHTS - advance effective working methods that address topical issues while also elevating the importance of speaking up for the human rights of women and girls as a core part of Zonta's mission.

DIVERSITY - Attracting diverse membership is essential for Zonta's work to achieve gender equality.

VISIBILITY - Active communication is key to enhancing visibility and impact, allowing Zonta to be a vocal, visible, influential and credible advocate to women's rights worldwide.