

ZONTA CLUB OF SYRACUSE

DISTRICT 2

AREA 2

CLUB 5

A MESSAGE FROM OUR CO-PRESIDENTS

Good day Zontians from wintry Syracuse. I know many of you are traveling and when you read this, I am hoping you do so from some tropical, sunny and warm part of the world.

As "spring" is truly on the horizon, I hope you feel more inclined to participate in the many group events we are having and other's events we are supporting.

If you need a "refresh" as to what Zonta is all about and the many goals/missions of this organization, attending the District workshop in Castleton on the Hudson on May 17th is a great idea.

Hoping to see you all on Thursday, April 24th at our regular meeting at the Retreat where our guest will be from the YWCA/Girls Inc., Thursday, May 22nd for our annual scholarship/award dinner at the Retreat and at Harvey's Beer Garden on Monday, June 2nd for our second annual "Cheers for Beers" fundraiser.

Have a blessed Passover or Easter.
Your co-presidents,
Kristin and Maureen

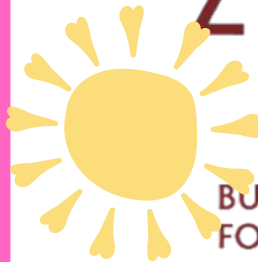


ZONTA VISION



ZONTA

CLUB OF SYRACUSE



**BUILD A BETTER WORLD
FOR WOMEN AND GIRLS**

ZONTA INTERNATIONAL ENVISIONS
A WORLD IN WHICH WOMEN'S
RIGHTS ARE RECOGNIZED AS
HUMAN RIGHTS AND EVERY
WOMAN IS ABLE TO ACHIEVE HER
FULL POTENTIAL.

IN SUCH A WORLD, WOMEN HAVE
ACCESS TO ALL RESOURCES AND
ARE REPRESENTED IN DECISION
MAKING POSITIONS ON AN EQUAL
BASIS WITH MEN. IN SUCH A
WORLD, NO WOMAN LIVES IN FEAR
OF VIOLENCE.



2024-2025 OFFICERS

Co-Presidents: Kristin
Greeley & Maureen Fogarty
1st VP - Debbie Vecchio
Secretary - Julie March
Treasurer - Barbara Barnell

DIRECTORS

Amy DeJohn
Jeannine Noll
Elaine Skibitski
Susan Waterschoot



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CURRENT EVENTS

4/24/25 - Dinner Meeting @ the Retreat

5/17/25 - District 2 Spring Workshop

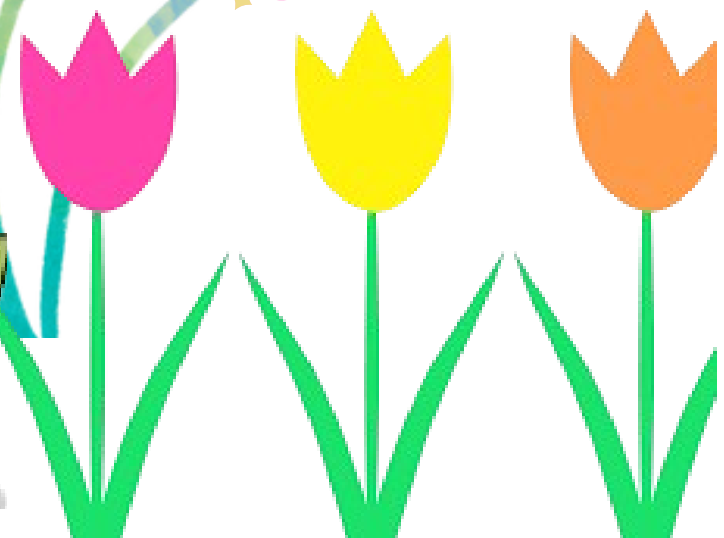
BIRTHDAYS

CANDACE EDWARDS - 4/11

ANNIVERSARIES

None this month

Happy Easter



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Used Sneaker Recycling Program

Last month, we shipped an almost-full bag of used sneakers to GotSneakers.com, a recycler in Florida that disassembles sneakers into reuseable materials. We have 2 pairs of sneakers waiting to send in our last bag of this sneaker drive. If you have any more used sneakers to recycle (no matter how bad the condition), please bring them in during our April dinner meeting.

THIS WILL BE OUR LAST BAG.



DISTRICT 2 WORKSHOP

May 17th, 2025:

Comfort Inn & Suites in Castleton, NY
(just south of Albany)

Cost: \$65.00 includes breakfast and lunch

District 2 Workshop Agenda

- 7:30 - 8:30 Registration and Breakfast/Fundraising
- 8:30 - 9:00 Welcome, Introductions, and Recognitions
- 9:00 - 11:30 Poverty Simulation
- 11:30 - 12:00 Room Reset for Lunch and Afternoon Program
- 12:00 - 1:00 Lunch/Fundraising
- 1:00 - 1:10 Zonta Foundation
- 1:10 - 1:30 Core Value Presentation
- 1:30 - 1:40 Break/Fundraising
- 1:30 - 3:00 Demystifying Zonta Advocacy
- 3:00 - 3:30 Wrap Up and Farewell

Registration ends April 30th



ZONTA
INTERNATIONAL
DISTRICT 2

**BUILD A BETTER WORLD
FOR WOMEN AND GIRLS**

WE NEED BASKETS AND GIFT CARDS!!

Our event at Harvey's Beer Garden is just over 2 months away and we need everyone's help making raffle baskets and soliticing gift cards to local businesses. The basket raffle is a great opportunity for us to earn ALOT of funds for our Syracuse Zonta Scholarship Foundation!!



ZONTA CLUB OF SYRACUSE

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Zonta Club of Syracuse By-Laws

Board of Directors

Attention All Members:

Check your email dated April 10th, 2025 for the final copy of our Zonta Club of Syracuse By-Laws. Read them over before our April 24th meeting so we can vote on the.

A HUGE thank you to **Susan Waterschoot** for all your hard work in preparing them.



ZONTA
CLUB OF
SYRACUSE

BUILD A BETTER WORLD
FOR WOMEN AND GIRLS

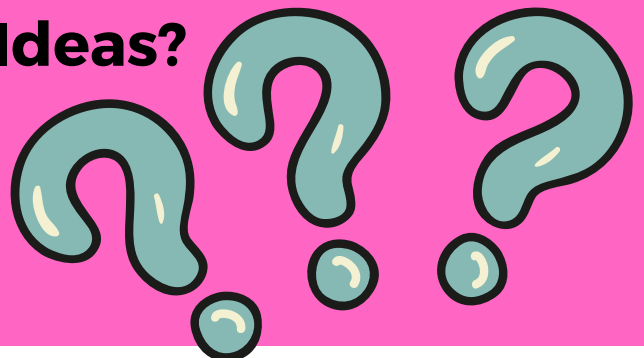
Congratulations to our 2025-2026 Board Members

President - Maureen Fogarty
VP - Deb Vecchio
Board - Dodie Murphy
Board - Amy DeJohn
Board - Jeannine Noll
Board - Elaine Skibitski
Treasurer - Barb Barnell
Secretary - Still tentative

Thank you very much
for your service and
dedication to Kristin
and Sue.

Newsletter Ideas?

Is there something else you would like to see in the newsletter? Member spotlight? Community events? Please email Amy DeJohn @ adejohn630@gmail.com with your ideas!



2ND ANNUAL CHEERS FOR BEERS
ZONTA CLUB OF SYRACUSE
CHARITY EVENT
MONDAY, JUNE 2ND, 2025

Join us for a
night of beer
and charity!

All proceeds benefit:
Syracuse Zonta Foundation
Monday, June 2nd, 2025
5pm-8pm
Harvey's Garden
Syracuse, NY

Food available for purchase from
Jillie Dogs & Hometown Pub
Basket Raffles and 50/50 tickets
will be available for purchase



Must be 21+ to attend.

BUILD A BETTER WORLD FOR
WOMEN AND GIRLS



Free
Admission



harvey's
garden

Zonta International

Reducing Food Waste

As we all carefully watch the economic news coming out of Washington, I'm sure that most of us are wondering how to improve and secure our household financial situations. One planet-friendly and budget-friendly way right now is to "Waste Less" (per Sir David Attenborough). Reducing food waste is an effective way to save money and to be environmentally aware. Here's a short UN video of a guy in a kitchen cooking, but wasting a lot of food too! (when you click on this link, first X out of the small account question. Be sure to turn on the music. The speaking is some version of Arabic, but the message is very clear) [UNEP West Asia | Reduce the waste in your own home and start by educating yourself on how to properly consume organic products with minimum waste along the... | Instagram](#)

Ideas from the UN Environment Program (UNEP) website

Changing a few habits can make a big difference:

1. Schedule a weekly 'Use It Up' Day or 'Use It Up' Meal to make the most of leftover ingredients
2. Designate a shelf in your fridge for 'Eat Me First' perishable foods.
3. Write a shopping list and avoid bulk promotions.
4. Measure portion sizes for rice, couscous and pasta.
5. Store food optimally and understand date labels.
6. Share leftovers with friends and neighbors or donate food, especially before going away and after holidays.
7. Grow your own fruits and vegetables to enjoy them at peak freshness. Preserve or donate surplus.
8. Help glean in your community, recovering edible landscape like tree fruits and nuts.
9. Compost any remaining food waste and inedible parts or ask your local government about food waste collections.

My personal experience: Inventory your canned goods. I found several that I had to use immediately, along with several that expired during COVID!! I must do better!



Dinner Meetings

Syracuse Zonta Club hosted our March Business meeting at the Retreat in Liverpool on March 28th, 2025.



April Dinner Meeting

Thursday, April 24th, 2025

@ The Retreat

5:30pm Social Hour, 6pm Dinner

\$27 per person (includes dinner, coffee, tea, soda or water)

Tommy O'Brien's Strawberry Blue Salad

Mixed spring greens with fresh sliced strawberries, mandarin oranges, dried cranberries and a sweet balsamic vinaigrette, finished with crumbles of Maytag blue cheese and candied walnuts, served with a slice of grilled garlic bread

Sesame Ginger Salmon

Fresh mixed spring greens with a grilled fresh Atlantic salmon, diced tomatoes, red onion, sliced almonds, fresh goat cheese, golden raisins, broccoli florets, and mandarin oranges. Served with Asian Sesame Ginger dressing and a slice of garlic bread

Summer Shrimp Cobb Salad

Fresh iceberg lettuce, layered with diced cucumbers and tomatoes, eggs, blue cheese crumbles, chic peas, and cool bay shrimp. Served with garlic bread and your choice of dressing

Roast Beef Pretzelwich

Tender, warm roast beef served on soft pretzel sandwich bread with Swiss cheese, lettuce, tomato, red onion, horseradish mayo and whole grain mustard

Open Face Steak

A real "man-sized" steak on garlic bread, topped with onion rings and served with french fries

Chicken Quesadilla

Flour tortilla stuffed with marinated chicken, cheese, bacon, peppers and mushrooms, served with salsa and sour cream

The Char Burger

Better known as the half-pounder with something extra! They're 8 ounces of our butcher's best ground beef, with or without cheese

PAYMENT is REQUIRED ONCE YOU MAKE A RESERVATION!!!

Please email/text or call your reservations to Elaine Skibitski at elaine.skibitski@gmail.com or 315-657-4075 by Friday, April 18th, 2025